

# APPOINTMENT DETAILS

## Plan your loved one's appointment in advance

### Details

DATE

TIME

LOCATION

DOCTOR'S NAME

### Reason

Check-up

Lab work

Imaging

Treatment

Surgery

Other: \_\_\_\_\_

### Transportation

### Where to stay overnight

### Questions for the healthcare team

WORKSHEET FOR CAREGIVERS



## Appointment checklist

Don't forget to take these items with you, especially on long appointment days.

- |   |   |
|---|---|
| <input type="checkbox"/> Medical history  | <input type="checkbox"/> Book, magazine, puzzle book        |
| <input type="checkbox"/> List of medications (including vitamins, supplements and over-the-counter medications) | <input type="checkbox"/> Cell phone, headphones             |
| <input type="checkbox"/> Health insurance card  | <input type="checkbox"/> Blanket and extra cardigan/sweater |
| <input type="checkbox"/> List of questions  | <input type="checkbox"/> Water bottle                       |
|   | <input type="checkbox"/> Snacks                             |

## Notes

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**Get the LLS Health Manager app**

Track medications, side effects and more!



LEUKEMIA &  
LYMPHOMA  
SOCIETY  
OF CANADA\*

**Never hesitate to contact us, we're here to help!**

1 833 222-4884 • info@bloodcancers.ca • bloodcancers.ca