## Plan your loved one’s appointment in advance

### Details

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
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<table>
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<tr>
<th>LOCATION</th>
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<tr>
<th>DOCTOR’S NAME</th>
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### Reason

- [ ] Check-up
- [ ] Lab work
- [ ] Imaging
- [ ] Treatment
- [ ] Surgery
- [ ] Other: ____________________________

### Transportation

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### Where to stay overnight

____________________________________

____________________________________

### Questions for the healthcare team

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Appointment checklist

Don’t forget to take these items with you, especially on long appointment days.

☐ Medical history
☐ List of medications (including vitamins, supplements and over-the-counter medications)
☐ Health insurance card
☐ List of questions
☐ Book, magazine, puzzle book
☐ Cell phone, headphones
☐ Blanket and extra cardigan/sweater
☐ Water bottle
☐ Snacks

Notes

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Get the LLS Health Manager app
Track medications, side effects and more!

Never hesitate to contact us, we’re here to help!
1 833 222-4884 • info@bloodcancers.ca • bloodcancers.ca